

Ontario Championships 2023
Final Spacing Schedule

Club	Minutes	Schedule
London	25	10:00 AM - 10:25 AM
Brant	30	10:25 AM - 10:55 AM
Royal City	10	10:55 AM - 11:05 AM
Markham	10	11:05 AM - 11:15 AM
BREAK	5	11:15 AM - 11:20 AM
Ignite	55	11:20 AM - 12:15 PM
Mississauga	15	12:15 PM - 12:30 PM
Olympium	30	12:30 PM - 1:00 PM
BREAK	5	1:00 PM - 1:05 PM
Granite	15	1:05 PM - 1:20 PM
Toronto	35	1:20 PM - 1:55 PM
York	35	1:55 PM - 2:30 PM
Sudbury	10	2:30 PM - 2:40 PM
Durham	35	2:40 PM - 3:15 PM
GO Capital	10	3:15 PM - 3:25 PM
Nepean	40	3:25 PM - 4:00 PM

Clubs have been allocated 5 minutes of spacing time per each team entered. This includes Junior Free and Tech teams, and Mixed Ability teams. Where possible, additional time has also been allocated to clubs with Adapted athletes.

Clubs are welcome to share their spacing time with other clubs. If your club is sharing spacing time with other club(s), please contact Lauren Lindner to confirm your arrangement.